

## SQ3R: Survey Question Read Recall Review

**SURVEY** *Survey material first and you will understand more when you read carefully.*

- Put a marker at the end of the section you plan to read
- Read the objectives and the summary
- Read the main headings, sub-headings and bold-typed words
- Check the diagrams and illustrations

**QUESTION** *Make up questions to focus your reading.*

- 'What do I already know about the topic?' 'What do I need to know?' 'Does this have the information I need?'
- While you are reading, ask yourself e.g. 'What is the main idea in this paragraph?' 'Is there an example that clarifies this idea?' 'Do I need an overview, or detailed understanding?'
- While you are reading, make questions out of headings e.g. Study groups – 'Why are study groups useful?' 'How do they work?' 'How many people are best?'

You won't always find the answer to your questions but you will understand better what you have read... Try it and see!

**READ** *Use active reading strategies to understand the material.*

- Read actively, with a sense of purpose and questions in mind
- Try reading groups of words
- Read to find the main ideas
- Pick out the important details
- Evaluate what you are reading
- Do not underline, highlight or make notes during your first reading of a section. On a second reading you will be much more selective.
- Try to make a mental picture of what you are reading

**RECALL** *Close the text and see if you can recall the main points.*

'Show you know' by:

- Jotting down brief answers to your questions
- Explaining what you have learned to someone else
- Making a key-word, one-page summary or mind-map

**REVIEW** *Go back to the text.*

- Are the answers to your questions correct and complete?
- Is there anything further you need to know from this material?

*To ensure long-term learning of the material, recall and review what you have read at spaced intervals – the next day, a week later, and again after one month.*

Revise *actively* before tests and exams. Ask questions and 'show you know' the answers. Use one-page summaries and mind-maps.